

# WHAT I ASK

OF MY CLIENTS



Awareness, commitment and action are at the heart of my method. You'll experience an empowerment shift that enables you to create the results you want. Whether you are an athlete, executive, leader or simply a high achiever, this is a transformational journey that will surprise and change you – as the work we do is about who we become in the process.

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The clients I love to work with the most (and experience the biggest transformation)  
**ARE WILLING TO COMMIT TO:**

- *ending drama in their personal and professional lives*
- *ending blame and criticism in their relationships (including with themselves)*
- *stepping out of being “at the effect of” what is happening to them and stepping into full responsibility for the life they are creating*
- *having fun*
- *giving and receiving abundant appreciation*
- *living a life of powerful purpose*
- *leading consciously and supporting others to live and lead consciously*
- *seeing me as a partner and ally in what they are up to in life*
- *sharpening and supporting me in my life's work*
- *joyfully telling others about our work together*

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